

Remote Brain Training

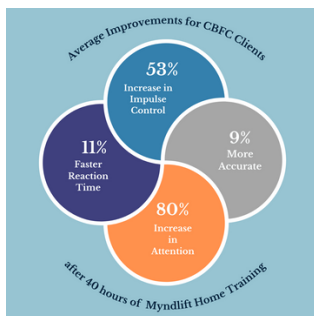
Portable Neurofeedback that Fits Your Lifestyle
at Carolinas Biofeedback Clinic

Neurofeedback Brain Training

The process of Neurofeedback training harnesses the brain's natural neuroplasticity, the brain's ability to adapt, change, and grow new neurons, to achieve resilience, flexibility, stability and optimal performance of the nervous system. Our two methods of Remote Neurofeedback Training allow you to modify your brain functions by learning to regulate brainwaves through visual or auditory signals. Over time, these adjustments can lead to lasting improvements in emotional and cognitive states.

Myndlift: Mobile Neurofeedback

The Myndlift Remote Neurofeedback Training System stands at the forefront of personalized brain training technology and was featured in the Netflix Docuseries Quarterbacks as the instrument that gave Kirk Cousins the edge. Utilizing detailed brain map data from a basic qEEG, our expert clinicians customize training sessions to align precisely with individual cognitive patterns, needs, and goals. With Myndlift, clients receive a deeply personalized brain training experience, and can choose audio-visual feedback from movies, YouTube Videos, or games, all under the careful guidance of professional neurofeedback experts. Recommended training time is 3-6 hours per week, with a goal of 30-45 hours of total training time accumulated. Ask us about discounted rates for additional family members.

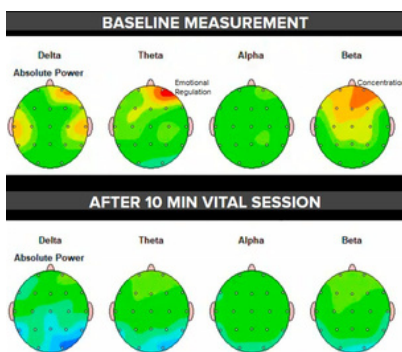


What Can I Expect?

- Individualized protocols based on baseline measures and assessments for superior results.
- Your seasoned clinician supervisor will monitor your sessions remotely and can update protocols on the fly.
- 1:1 coaching.
- Superior progress tracking for measurable improvements.
- We will teach you everything you need to know to be successful and be with you every step of the way.



Vital Neuro: Neuroguided Performance Training



Vital Neuro offers new hope and impactful change through cutting-edge neuroscience and music technology advancements. We believe in providing personalized, evidence-based solutions to enhance every aspect of your life. Vital's patented Neuroguided Performance Training (NPT) leverages the convenience of mobile neurofeedback and the power of neuroresponsive music to guide real-time shifts in brainwave patterns for a mental tuning anytime, anywhere. Training sessions last from 10-20 minutes, and can be used multiple times each day to shift to different brain states.

What Can I Expect?

- Built in brain-sensing protocols that self-adjust to real-time brain activity effectively and quickly teach the brain to rewire and shift to the desired brain state.
- Direct access to a seasoned clinician to receive supervision from afar.
- Session scorecards and journal entries track and monitor objective and subjective progress.

Ideal Candidates want:

- Improved
- Attention & Executive Function
- Better Impulse Control
- Improved Mood
- Anxiety Reduction
- Improved Sleep
- Improved Self-Regulation
- Stress Management
- Optimal Performance
- Computer-Aided
- Meditation



What Do I Need to Know

- Unlimited training for a weekly flat fee
- Neurofeedback is a passive and painless process.
- Built-in sensors make training a breeze.
- There is no brain-zapping: sensors detect real-time brain activity and use audio and visual feedback to train the brain naturally.
- Appropriate for all ages

*Note: Requires Wifi Access
Insurances has not yet established
CPT coding for remote brain
training*