

# ALPHA-STIM

## Neuromodulation at Carolinas Biofeedback Clinic

*You've been recommended* for the Alpha-Stim to help relieve your **anxiety, depression, insomnia, chronic stress** and/or chronic or acute **pain**. The Alpha-Stim is ideal for people who want an alternative to medication as it is non-invasive and produces no side effects when used appropriately.

*We are bio-electrical beings* and that makes **electroceuticals** a natural choice. Alpha-stim is an FDA-regulated electroceutical with no side-effects. Over 100 scientific studies, spanning nearly four decades, document its efficacy. It uses a sub-sensory micro-current for fast, painless results that last about a day. It is designed to use daily, so it serves as a ready rescue and an effective preventative—and the effects are cumulative. Its unique, patented wave-form prevents your body from building up a tolerance; this means if it works for you on day 3, it will still work for you on day 333.

### Why Carolinas Biofeedback Clinic:

Our fully trained team is certified in Microcurrent Electrotherapy and Cranial Electrotherapy Stimulation to offer the best care and supervision available. Our sessions allow ample time to spend with you teaching you how to use the Alpha-Stim so you can replicate in-office-results at home with confidence. We will calibrate your rental device to your nervous system, custom-design a protocol specific to your needs, and train you to self-administer it so it is ideal for you.

### Six Benefits of Renting:

1. Short-term or intermittent use: rent, return, rent again
2. Immediate help for one or more family members
3. Try it before you buy it
4. Budget-friendly (\$5/day or \$7/day) relief
5. Home-based device means you have access to relief 24/7
6. Partners with our in-office techniques and trainings for the most comprehensive overall solution

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#### To get started

Go to  
CarolinasBiofeedback.com

Click on "**Login**" in the  
menu bar

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Under the Alpha-stim  
appointment type choose  
"**Alpha-Stim CES Package**"  
for anxiety, depression, or  
insomnia  
**or**  
"**Alpha-Stim MET Package**"  
for pain management

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**Book with anyone on  
the team in either  
location**

**Problems? Call  
888-317-5605**

### Types of Devices:

1. **CES** (*labeled SCS or AID*): This device is for anxiety, depression, insomnia, and stress management.
2. **MET** (*labeled 100 or M*): This device is for pain management, as well as anxiety, depression, insomnia, and stress management.

### What to Expect:

- ▶ Supervised in-office trial for efficacy and tolerance
- ▶ Expert calibration and individualized protocol
- ▶ Training and supervision for in-home use that replicates results attained in office.

### Sessions

**CES Package includes:**  
2 visits (one 1-hour & one 30-min). \$35/week device rental

**MET Package includes:**  
3 visits (two 1-hour & one 30-min). \$50/week device rental