

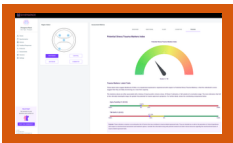
Remote Brain Training

Portable Neurofeedback that Fits Your Lifestyle at Carolinas Biofeedback Clinic

Advancements in Neurofeedback Training

Advances in technology now make it possible to experience high-quality neurofeedback training from the comfort of your own home. At Carolinas Biofeedback Clinic, we remain committed to staying at the forefront of innovation—bringing you personalized, expert-guided care wherever you are. From precision, highly individualized protocols for more complex concerns to neuro-guided performance training for refining focus, relaxation, meditation, and regulation, our remote services deliver the same thoughtful, tailored approach you expect in our clinic.

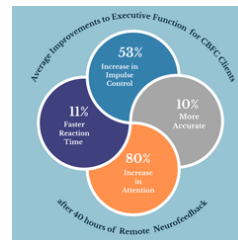
Customized Home-Based Neurofeedback Training



For clients who benefit from a more targeted approach, we offer precision neurofeedback using advanced assessment and training technology. This allows us to better understand your brain's unique patterns and design highly individualized protocols tailored to your needs—supporting brain functions related to executive function, anxiety, concussion recovery, impulse control, and sleep. All training is guided remotely by our experienced clinicians, ensuring accuracy, personalization, and support every step of the way.

What Can I Expect?

- A professional training kit including labeled cap, dry sensors, wireless tablet with licensed training software app
- Individualized protocols based on baseline measures and assessments for superior results
- Seasoned clinician supervisor to monitor your sessions remotely
- Weekly touchpoints with your supervisor
- Superior progress tracking for measurable improvements
- We will teach you everything you need to know to be successful and be with you every step of the way.



Neuroguided Performance Training at Home

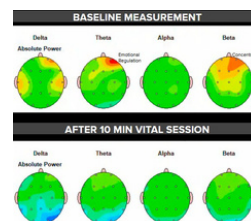


We believe in providing personalized, evidence-based solutions to enhance every aspect of your life. Cutting-edge neuroscience and music technology now offer new opportunities for meaningful, real-time change—all within a sleek, portable, and user-friendly design.

This patented Neuroguided Performance Training (NPT) combines the convenience of mobile neurofeedback with neuroresponsive music to guide real-time shifts in brainwave patterns—helping you “tune” your brain anytime, anywhere. Sessions are brief (10–20 minutes) and can be used throughout the day to support different brain states, including focus, relaxation, and sleep.

What Can I Expect?

- A professional training kit including the Vital Neuro advanced brain-sensing headset and wireless tablet with licensed training software app
- Built in brain-sensing protocols that self-adjust to real-time brain activity effectively and quickly teach the brain to rewire and shift to the desired brain state
- Session scorecards and journal entries track and monitor objective and subjective progress



Ideal Candidates want:

- Improved Attention & Executive Function
- Better Impulse Control
- Improved Mood Regulation
- Less Anxiety & More Calm
- Better Sleep
- Stress Management
- Optimal Performance
- Improved Meditation



What Do I Need to Know

- Unlimited training for a weekly flat fee
- Neurofeedback is passive and painless
- Built-in dry sensors make training a breeze
- There is no brain-zapping: sensors detect real-time brain activity and use audio and visual feedback to train the brain naturally
- Appropriate for all ages

*Note: Requires Wifi Access
Insurance has not yet established
CPT coding for remote brain
training*