

Remote Brain Training

Portable Neurofeedback That Fits Your Lifestyle

at Carolinas Biofeedback Clinic

What is it?

Our lifestyle neurofeedback offers the world's most accessible **clinician co-piloted** neurofeedback training from the comforts of your own home. It uses amplitude neurofeedback, which demonstrates top-tier efficacy for everything from attention-deficit to anxiety to concussion recovery. We custom tailor a training program for your specific needs using both both quantitative and qualitative assessment tools: *baseline testing & objective progress measure, brain assessment-informed protocols, and client symptom tracking.*



The actual equipment that you will take home is easy to use and portable. The kit has a hand-held tablet (including brain training software and custom protocol), a bluetooth headset with built-in sensors, and a single loose electrode that we will teach you to place strategically based on your custom protocol.

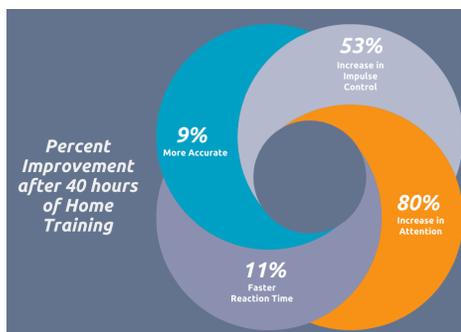
Why do it?

Neurofeedback is one of the best techniques you can use to help your brain function more efficiently. However, it's not always practical to go into an office twice per week for training. If you are looking for the convenience of at home training with the knowledge that you are working with one of the top neuro/biofeedback clinics in the world, then this innovation may be for you.

Training your brain is easy with audio-visual feedback via your choice of movies, YouTube videos, or built-in games. On top of that, results are outstanding, so you get the outcomes you want with maximum convenience.

What can I expect?

- A custom tailored protocol based on the latest scientific research for superior results.
- Seasoned clinician supervision monitoring live and recorded sessions with the ability to update protocols on the fly.
- Superior progress tracking for measurable improvements.
- We will teach you everything you need to know to be successful, and be with you every step of the way.



Is this for me?

Yes, if you are looking for:

- Improved Focus, Concentration, and Attention
- Better Impulse Control
- Anxiety Reduction
- Improved Mood
- Better Self-Regulation
- Stress Management
- Optimal Performance

What else do I need to know?

Your program includes:

- Up to 6 hours of training weekly for the same flat fee
- Clinician supervision
- Individualized protocol
- Baseline measures & assessments
- Progress measurement via periodic retests & reassessments
- Discounted rates for additional family members
- Requires Wifi access
- Insurance has not yet established CPT coding for remote brain training